



**You are welcome to contact me, Dr Kaylene Henderson, with feedback or queries about the Little Children Big Dreams stories at any time using the form below.**

Please note however that I am unable to provide individual medical advice. If you are concerned about your child, it's always best to seek an assessment with your Family Doctor or Child Health Nurse. You can then seek a referral to a Child Psychiatrist or Psychologist if needed.

On Facebook? By 'liking' my Dr Kaylene Henderson - Child Psychiatrist's [Facebook Page](#) you can stay up-to-date with helpful parenting tips and relevant child psychiatry information. Since I am a parent as well as a professional, I know that your time is limited. I put a lot of thought and research time into the tips, articles and advice which I share and hope that you find them to be as helpful and empowering as I do.

For more information about how our stories and parent guides work to help children sleep better, no longer scared of the dark or afraid of monsters, here's the link to the [FAQs page](#). Or if you're interested in attending an upcoming Circle of Security Parenting Weekend Workshop, presented by Dr Henderson, then [click here](#) and follow the prompts to secure your place.

I'd love to be able to help you and your little ones - Dr Kaylene Henderson

## **Little Children Big Dreams Contact Form**

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